

Overall 10K Run

Willis Dady Run for Shelter

Cedar Rapids, IA

Saturday, September 16, 2017

Plc	M\F	Division	Age	Name	City	St	Lap 1	Lap 2	Chip	mpm	Gun	mpm
1	1	1 OVF	35	Alice Anderson	Marion	IA	12:33	26:10	40:09	6:28	40:09	6:28
2	1	1 OVM	29	Daniel Finnegan	Cedar Rapids	IA	14:10	29:26	44:58	7:14	44:58	7:14
3	2	1 M30	39	Greg Slessor	Ely	IA	14:21	30:05	45:44	7:22	45:46	7:22
4	3	2 M30	32	Clifton Trebil-Sm	Cedar Rapids	IA	15:54	32:15	48:43	7:50	48:53	7:52
5	4	3 M30	37	Robert Lancaster	Cedar Rapids	IA	17:23	34:14	50:21	8:06	50:28	8:07
6	5	1 M60	61	Craig Johnson	Marion	IA	16:32	33:41	50:35	8:08	50:38	8:09
7	6	1 M40	48	Brian Braid	Marion	IA	15:53	33:47	51:33	8:18	51:35	8:18
8	7	1 M50	51	Chuck Hardin	Cedar Rapids	IA	16:29	34:09	51:48	8:20	51:51	8:21
9	2	1 F40	40	Aaron Schaefer	Marion	IA	16:44	34:18	52:03	8:23	52:16	8:25
10	3	1 F50	54	Sara Todd	Cedar Rapids	IA	17:00	35:16	53:40	8:38	53:46	8:39
11	8	4 M30	38	Dan Bullard	North Liberty	IA	16:44	35:09	54:15	8:44	54:25	8:45
12	4	2 F50	55	Marsha Aspinall	Cedar Rapids	IA	17:05	35:58	55:09	8:53	55:12	8:53
13	9	5 M30	32	Nicholas Hassinge	Cedar Rapids	IA	17:42	36:32	55:00	8:51	55:12	8:53
14	10	6 M30	38	Tom Hicks	Cedar Rapids	IA	16:26	35:21	55:29	8:56	55:40	8:57
15	11	7 M30	35	Benge Tallman	Marion	IA	16:52	36:11	55:58	9:00	56:02	9:01
16	12	2 M60	62	Sam Shin		IA	17:10	36:09	56:15	9:03	56:29	9:05
17	13	2 M40	45	Matthew Vanmaanen	Cedar Rapids	IA	17:45	37:11	56:56	9:10	57:06	9:11
18	14	1 M20	29	Curtis Mayberry	Cedar Rapids	IA	20:00	40:00	59:32	9:35	59:32	9:35
19	5	2 F40	49	Tami Flockhart	Cedar Rapids	IA	18:48	38:49	58:31	9:25	59:33	9:35
20	6	1 F30	31	Bri Carson	Hiawatha	IA	18:33	38:58	59:41	9:36	59:51	9:38
21	7	1 F20	27	Carrie Van Houten	Mount Vernon	IA	19:02	39:11	59:47	9:37	1:00:04	9:40
22	8	2 F30	32	Jennifer Hurlbert	Fairfax	IA	18:22	38:53	59:47	9:37	1:00:04	9:40
23	15	3 M60	62	Richard Tillman	Grass Range	MT	18:47	40:03	1:01:29	9:54	1:01:37	9:55
24	9	3 F30	32	Stephanie Valverd	Washington	IA	19:36	41:15	1:02:06	10:00	1:02:15	10:01
25	10	2 F20	22	Nikki Lown	Cedar Rapids	IA	19:32	42:06	1:04:15	10:20	1:04:41	10:25
26	11	3 F20	29	Abby Finnegan	Cedar Rapids	IA	19:57	42:03	1:04:47	10:26	1:05:09	10:29
27	12	4 F30	34	Stephanie Harris	Cedar Rapids	IA	23:02	48:45	1:15:21	12:08	1:15:24	12:08
28	13	1 F60	63	Paula Giudici		IA	22:58	48:34	1:15:30	12:09	1:15:35	12:10
29	14	3 F50	51	Sandra Fowler	Cedar Rapids	IA	25:17	51:02	1:18:04	12:34	1:18:26	12:37
30	15	4 F20	24	Kristin Robbins	West Des Moines	IA	27:10	59:15	1:22:24	13:16	1:22:49	13:20
31	16	5 F30	32	Ashley Vanorny	Cedar Rapids	IA	26:54	1:04:31	1:35:27	15:22	1:35:53	15:26